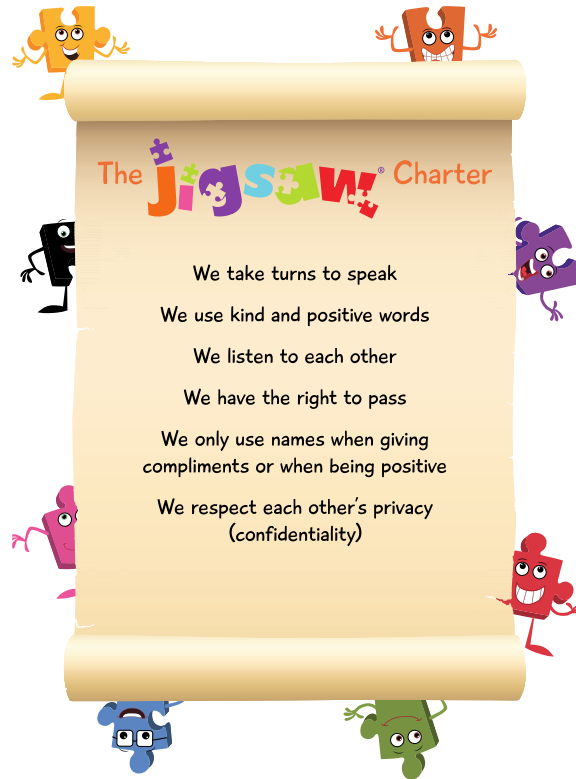




Key Vocab
Self-image
Body image
Self-esteem
Puberty
Vagina
Ovary/ Ovaries
Womb/Uterus
Menstruation /Periods
Sanitary towels/pads
Tampons
Sperm/Semen
Erection
Ejaculation
Wet dream
Hormones



Key knowledge	
PSHE	I can explain how boys and girls change during puberty and why looking after myself physically and emotionally is important. I can also summarise the process of conception.
	I can express how I feel about the changes that will happen to me during puberty. I accept these changes might happen at different times to my friends.

