



Key Vocabulary

Goal	Something a person wants to work hard to do.
Achieve	To do something well.
Dream	Something a person really wants.
Success	When a person/thing does well.
Obstacle	Something that makes something very hard to do.
Challenge	Something you might find hard/difficult to complete.
Difficult	Something we might find tricky or hard.



Key knowledge

PSHE	Explain something I really want to achieve.
	Explain what I could do to achieve this.
	I can explain how I feel when I am successful and how this can be celebrated positively.
	I can say why my internal treasure chest is an important place to store positive feelings

